

## CENTRAL WASHINGTON UNIVERSITY TRACK FIELD - MEN'S TOP TEN MARKS - through 2008

**TRACK EVENTS (add .24 to hand times, listed in tenths of a second, to equate to automatic times, listed in hundredths.)**

<b>100 Meter Dash</b>			<b>800 Meter Run</b>			<b>5,000 Meter Run</b>		
1	John Willis (1979)	10.21	1	Bart Barto (1968)	1:49.6	1	Mark Brown (1978)	14:10.6
2	Chris Courtney (1998)	10.53	2	Jim Boora (1967)	1:50.3	2	Paul Harshman (1984)	14:20.0
3	Art Ballard (1993)	10.3	3	Mike Pankiewicz (2005)	1:51.65	3	Jim Hennessy (1976)	14:22.6
	Jim Kjolso (1965)	10.3	4	Ken Rossetto (1986)	1:52.33	4	Dale King (1983)	14:25.59
5	Chris Faulconer (2000)	10.61	5	Rob Schippers (1983)	1:52.2	5	Eric Tollefson (1995)	14:27.5
6	James Mitchell (1992)	10.64	6	Vince Konigsberger (1972)	1:52.3	6	Mark Henry (1967)	14:32.8
	Tom Buckner (1964)	10.4	7	Mike Pace (1987)	1:53.73	7	John Freeburg (1980)	14:35.5
	Don Pierce (1955)	10.4	8	Robbie Kyler (1989)	1:53.7	8	Bruce Manclark (1976)	14:39.0
9	Kurt Weber (2003)	10.5		Bob Bullis (1972)	1:53.7	9	Ted Mittelstaedt (1982)	14:41.6
	Chad Klassen (1993)	10.5	10	Bob Prather (1982)	1:53.8	10	Phil Phimister (1981)	14:42.4
	Keith Baker (1991-92)	10.5						
	Wayne Sweet (1982)	10.5						
	Pat Fitterer (1975)	10.5						
	Mike Behrbaum (1972)	10.5						
	Steve Slavens (1971)	10.5						
	Tom Lines (1970)	10.5						
	Joe Evans (1968)	10.5						
	Dennis Esser (1967)	10.5						
	Glen Walker (1964)	10.5						
<b>200 Meter Dash</b>			<b>1,500 Meter Run</b>			<b>10,000 Meter Run</b>		
1	Steve Slavens (1972)	21.0	1	Mike Pace (1987)	3:44.46	1	Paul Harshman (1984)	29:41.50
	Jim Kjolso (1965)	21.0	2	Rob Schippers (1982)	3:45.81	2	Phil Phimister (1981)	29:46.5
3	Fred Bieber (1965)	21.1	3	Ken Rossetto (1986)	3:50.07	3	Eric Tollefson (1996)	30:04.69
4	Dennis Esser (1967)	21.2	4	Jim Hennessy (1977)	3:51.2	4	John Freeburg (1981)	30:29.0
5	Chris Faulconer (1999)	21.50	5	Tom Gaschk (2000)	3:51.53	5	Jim Hennessy (1977)	30:32.0
6	James Mitchell (1991)	21.63	6	Mark Brown (1978)	3:51.9	6	Paul Harshman (1982)	30:47.0
7	Tom Lines (1970)	21.4	7	Conny Englund (1966)	3:53.7	7	Neil Sturgeon (1987)	30:47.3
	Joe Evans (1967)	21.4	8	Mark Henry (1967)	3:55.0	8	Kent Hernandez (1980)	30:50.0
9	Keith Baker (1991)	21.72	9	Mike Anderberg (1977)	3:55.6	9	Sam Scotchmer (2005)	31:02.14
10	John Doncaster (1962)	21.5	10	Paul Harshman (1984)	3:56.6	10	Sam Ring (1969)	31:02.6
<b>400 Meter Run</b>			<b>3,000 Meter Run</b>			<b>110 Meter Hurdles</b>		
1	Jim Hay (1967)	47.1	1	Paul Harshman (1984)	8:18.4	1	Keith Baker (1991)	14.26
2	Tim Hart (1980)	47.37	2	Jim Hennessy (1977)	8:22.9	2	John Kirry (1969)	14.3
3	Dave Walker (1971)	47.3	3	Mark Brown (1978)	8:25.5	3	Charles Chandler (1985)	14.4
4	Jay Spears (1996)	47.86	4	Mike Pace (1988)	8:29.5		Dean Erickson (1977)	14.4
5	Matt Rogstad (2008)	48.29	5	John Freeburg (1980)	8:32.8		Nate Worswick (1974)	14.4
6	James Mitchell (1991)	48.42	6	Sam Scotchmer (2006)	8:34.80		Jay Lane (1964)	14.4
7	Jim Brunaugh (1966)	48.3	7	Sam Ring (1968)	8:35.5		Gary Hollins (1978)	14.4w
8	Brian Meyer (1990)	48.63	8	Mark Henry (1968)	8:35.7	8	Robert Edwards (2007)	14.82
9	Mike Kelley (2006)	48.70				9	Lance Soliday (1993)	14.6
10	Bob Knies (1972)	48.6					Rick Conroy (1966)	14.6
	Steve Shireman (1968)	48.6						
	Paul Wallace (1968)	48.6						
<b>400 Meter Hurdles</b>			<b>3,000 Meter Steeplechase</b>					
1	John Kirry (1968)	51.5	1	Lou Boudreaux (1977)	8:55.91			
2	Greg Olsen (1990)	52.63	2	Terry Kelly (1971)	9:00.8			
3	Goreal Hudson (1994)	52.5	3	Eric Tollefson (1996)	9:02.23			
	Mike Behrbaum (1972)	52.5	4	Mike Wold (1977)	9:14.1			
5	John McKibbin (1969)	52.7	5	James Day (1997)	9:16.02			
6	Mike Morrison (2004)	53.02	6	Cande Gonzalez (1994)	9:18.26			
7	Charles Chandler (1986)	53.73	7	Bob Prather (1983)	9:19.0			
8	Len Lloyd (1965-66)	53.7	8	Cope Belmont (1986)	9:20.5			
9	Reed Caudle (1976)	54.2	9	Joel Czech (1986)	9:20.8			
10	John Artl (1987)	54.5		Conny Englund (1983)	9:20.8			
	Kyle Peer (1979-80)	54.5						
	Tom Clark (1975)	54.5						

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### 4x100 Meter Relay

1	1999	40.97
2	1972	40.9
3	1970	41.0
	1966	41.0
5	1992	41.39
6	2003	41.63
	1993	41.63
8	1967	41.4
9	2004	41.72
10	1989	41.79

### Triple Jump

1	Justin Lawrence (2004)	49-11
2	Wayne Sweet (1982)	49-7
3	Darrell Charles (1980)	49-5
4	Brian McElroy (1988)	48-10 3/4
5	Bill Lampe (1976)	48-10 1/4
6	Beau Ross (2001)	48-4 1/2
7	Ron Olson (1990)	48-3 1/4
8	Jeff Fredrick (1978)	48-2
	Dave Walker (1970)	48-2
10	Pierre Crockrell (1984)	47-9 1/2

### Shot Put

1	Cameron Neel (2007)	58-10 1/4
2	Bill Harsh (1973)	58-2
3	Bob Santo (1968)	55-0
4	Mike Williams (1971)	53-7 1/2
5	Bill Walker (1988)	53-0 1/4
6	Gary Baskett (1965)	52-6 1/2
7	Dick Nunez (1977)	52-6
8	Jacob Galloway (2005)	52-4 3/4
9	John Kinnard (1971)	52-2 1/2
10	Mike Daniels (1976)	52-1 1/2

### 4x400 Meter Relay

1	1968	3:11.5
2	1967	3:12.0
3	1970	3:12.7
4	1994	3:13.50
5	1992	3:14.27
6	1993	3:14.31
7	2006	3:15.33
8	1966	3:15.5
9	1971	3:16.7
10	1963	3:16.8

### Pole Vault

1	Scott Alexander (2001)	15-7
2	John Winters (1978)	15-6
3	Rick Maib (1992)	15-5
4	Scott McCoy (2008)	15-3
5	Mike Alexander (2000)	15-2
6	Ray Payne (1972)	15-0
7	Dick Clintworth (1967)	14-10 3/4
8	Gene Triplett (1965)	14-8
9	Jack Curtright (1963)	14-7 1/2
10	Eric Fifield (1992)	14-6
	William Mauntel (1989)	14-6
	Tom Dixon (1987)	14-6
	Mike Boland (1977)	14-6
	Ken Jannison (1971)	14-6
	Dave Morris (1971)	14-6
	Les Harmon (1968)	14-6

### Discus Throw

1	Mitch Ringe (1975)	180-8
2	Bill Harsh (1973)	176-0
3	Cameron Neel (2006)	175-5
4	Tyler Fischer (2008)	173-10
5	Mike Daniels (1977)	172-11
6	Jon Torrence (1987)	172-2
7	Tony Hoiby (1999)	171-5
8	Mike Williams (1971)	168-7
9	Dave Phillips (1990)	167-0
10	Jacob Galloway (2005)	166-5

## FIELD EVENTS

### High Jump

1	Kenny Thompson (1990,92)	6-11
2	Erik Lanigan (2001)	6-10 3/4
3	Ron Olson (1990)	6-10 1/2
4	Eric Schultz (1978)	6-10
5	Cresap Watson (2006i)	6-9 3/4
6	Dave Hegland (1975)	6-9 1/4
7	Dan Smith (1981)	6-9
8	Cameron Bailey (2007i)	6-8 3/4
9	Scott Frick (1987)	6-8
	Alan Taylor (1980)	6-8
	Mike Boland (1977)	6-8

### Decathlon

1	Ron Olson (1990)	6636
2	Greg Emry (1971)	6569
3	B.J. Wilson (1995)	6458
4	Gunner Argo (2005)	6430
5	Chris Burch (1985)	6339
6	Mike Morrison (2004)	6342
7	Chris Petersen (2003)	6334
8	Jay Spears (1994)	6327
9	Kirk Palmberg (1996)	6321
10	Russ Capps (1993)	6234

### Hammer Throw

1	Evan Ruud (2007)	191-8
2	Jon Torrence (1987)	187-10
3	Tyler Fischer (2007)	184-10
4	Blake Walker (2005)	178-10
5	Scott Bickar (1989)	176-11
6	Jacob Galloway (2005)	172-7
7	Mychal Ostler (2008)	168-11
8	Matt Valdez (2007)	166-4
9	Henry Midles (1978)	166-1
10	Bill Harsh (1973)	163-1

### Long Jump

1	Dave Walker (1970)	25-1 3/4
2	Ray Colombo (1971)	24-0
3	Rob Rising (1995)	23-11 1/2
	Marty Rose (1970)	23-11 1/2
5	Dick Knight (1962)	23-7
6	M. Joe Smith (2004)	23-5 1/2
	Mike Behrbaum (1971)	23-5 1/2
8	Tim Guglomo (1972)	23-3 1/2
9	Kurt Weber (2001)	23-3 1/4
10	Jeff Hocker (1977)	23-2

### Javelin Throw

1	Dick Bedlington (1970)	241-11
2	Fred Andrew (1968)	241-5
3	Dave Andrews (1977)	233-10
4	Lars Lahdenpers (1966)	227-0
5	Wayne Worby (1968)	226-9
6	John Karas (1964)	225-4
7	Mike Hamilton (1976)	217-1
8	Gary Correll (1958)	216-11
9	Jim Hunter (1970)	214-10
10	Greg O'Meara (1970)	214-1

*(Note : Specifications for javelin, reducing flight distance, were changed in 1986. Michael Ingman (2007) holds school-record of 203-7 with post-1986 javelin.)*