

## CENTRAL WASHINGTON UNIVERSITY TRACK & FIELD - MEN'S TOP TEN MARKS - THROUGH 2007

**TRACK EVENTS** (add .24 to hand times, listed in tenths of a second, to equate to automatic times, listed in hundredths.)

<b>100 Meters</b>		<b>800 Meters</b>		<b>5000 Meters</b>				
1	John Willis (1979)	10.21	1	Bart Barto (1968)	1:49.6	1	Mark Brown (1978)	14:10.6
2	Chris Courtney (1998)	10.53	2	Jim Boora (1967)	1:50.3	2	Paul Harshman (1984)	14:20.0
3	Art Ballard (1993)	10.3	3	Mike Pankiewicz (2005)	1:51.65	3	Jim Hennessy (1976)	14:22.6
	Jim Kjolso (1965)	10.3	4	Ken Rossetto (1986)	1:52.33	4	Dale King (1983)	14:25.59
5	Chris Faulconer (2000)	10.61	5	Rob Schippers (1983)	1:52.2	5	Eric Tollefson (1995)	14:27.5
6	James Mitchell (1992)	10.64	6	Vince Konigsberger (1972)	1:52.3	6	Mark Henry (1967)	14:32.8
	Tom Buckner (1964)	10.4	7	Mike Pace (1987)	1:53.73	7	John Freeburg (1980)	14:35.5
	Don Pierce (1955)	10.4	8	Robbie Kyler (1989)	1:53.7	8	Bruce Manclark (1976)	14:39.0
9	Kurt Weber (2003)	10.5		Bob Bullis (1972)	1:53.7	9	Ted Mittelstaedt (1982)	14:41.6
	Chad Klassen (1993)	10.5	10	Bob Prather (1982)	1:53.8	10	Phil Phimister (1981)	14:42.4
	Keith Baker (1991-92)	10.5						
	Wayne Sweet (1982)	10.5	<b>1500 Meters</b>		<b>10000 Meters</b>			
	Pat Fitterer (1975)	10.5	1	Mike Pace (1987)	3:44.46	1	Paul Harshman (1984)	29:41.50
	Mike Behrbaum (1972)	10.5	2	Rob Schippers (1982)	3:45.81	2	Phil Phimister (1981)	29:46.5
	Steve Slavens (1971)	10.5	3	Ken Rossetto (1986)	3:50.07	3	Eric Tollefson (1996)	30:04.69
	Tom Lines (1970)	10.5	4	Jim Hennessy (1977)	3:51.2	4	John Freeburg (1981)	30:29.0
	Joe Evans (1968)	10.5	5	Tom Gaschk (2000)	3:51.53	5	Jim Hennessy (1977)	30:32.0
	Dennis Esser (1967)	10.5	6	Mark Brown (1978)	3:51.9	6	Paul Harshman (1982)	30:47.0
	Glen Walker (1964)	10.5	7	Conny Englund (1966)	3:53.7	7	Neil Sturgeon (1987)	30:47.3
			8	Mark Henry (1967)	3:55.0	8	Kent Hernandez (1980)	30:50.0
<b>200 Meters</b>			9	Mike Anderberg (1977)	3:55.6	9	Sam Scotchmer (2005)	31:02.14
1	Steve Slavens (1972)	21.0	10	Paul Harshman (1984)	3:56.6	10	Sam Ring (1969)	31:02.6
	Jim Kjolso (1965)	21.0						
3	Fred Bieber (1965)	21.1	<b>3000 Meters</b>		<b>110 Meter Hurdles</b>			
4	Dennis Esser (1967)	21.2	1	Paul Harshman (1984)	8:18.4	1	Keith Baker (1991)	14.26
5	Chris Faulconer (1999)	21.50	2	Jim Hennessy (1977)	8:22.9	2	John Kirry (1969)	14.3
6	James Mitchell (1991)	21.63	3	Mark Brown (1978)	8:25.5	3	Charles Chandler (1985)	14.4
7	Tom Lines (1970)	21.4	4	Mike Pace (1988)	8:29.5		Dean Erickson (1977)	14.4
	Joe Evans (1967)	21.4	5	John Freeburg (1980)	8:32.8		Nate Worswick (1974)	14.4
9	Keith Baker (1991)	21.72	6	Sam Scotchmer (2006)	8:34.80		Jay Lane (1964)	14.4
10	John Doncaster (1962)	21.5	7	Sam Ring (1968)	8:35.5		Gary Hollins (1978)	14.4w
			8	Mark Henry (1968)	8:35.7	8	Robert Edwards (2007)	14.82
<b>400 Meters</b>						9	Lance Soliday (1993)	14.6
1	Jim Hay (1967)	47.1	<b>Steeplechase</b>				Rick Conroy (1966)	14.6
2	Tim Hart (1980)	47.37	1	Lou Boudreaux (1977)	8:55.91			
3	Dave Walker (1971)	47.3	2	Terry Kelly (1971)	9:00.8	<b>400 Hurdles</b>		
4	Jay Spears (1996)	47.86	3	Eric Tollefson (1996)	9:02.23	1	John Kirry (1968)	51.5
5	James Mitchell (1991)	48.42	4	Mike Wold (1977)	9:14.1	2	Greg Olsen (1990)	52.63
6	Jim Brunaugh (1966)	48.3	5	James Day (1997)	9:16.02	3	Goreal Hudson (1994)	52.5
7	Brian Meyer (1990)	48.63	6	Cande Gonzalez (1994)	9:18.26		Mike Behrbaum (1972)	52.5
8	Mike Kelley (2006)	48.70	7	Bob Prather (1983)	9:19.0	5	John McKibbin (1969)	52.7
9	Matt Rogstad (2007)	48.73	8	Cope Belmont (1986)	9:20.5	6	Mike Morrison (2004)	53.02
10	Bob Knies (1972)	48.6	9	Joel Czech (1986)	9:20.8	7	Charles Chandler (1986)	53.73
	Steve Shireman (1968)	48.6		Conny Englund (1983)	9:20.8	8	Len Lloyd (1965-66)	53.7
	Paul Wallace (1968)	48.6				9	Reed Caudle (1976)	54.2
						10	John Art (1987)	54.5
							Kyle Peer (1979-80)	54.5
							Tom Clark (1975)	54.5

**4 x 100 Meter Relay**

1	1999	40.97
2	1972	40.9
3	1970	41.0
	1966	41.0
5	1992	41.39
6	2003	41.63
	1993	41.63
8	1967	41.4
9	2004	41.72
10	1989	41.79

**4 x 400 Meter Relay**

1	1968	3:11.5
2	1967	3:12.0
3	1970	3:12.7
4	1994	3:13.50
5	1992	3:14.27
6	1993	3:14.31
7	2006	3:15.33
8	1966	3:15.5
9	1971	3:16.7
10	1963	3:16.8

**FIELD EVENTS****High Jump**

1	Kenny Thompson (1990,92)	6-11
2	Erik Lanigan (2001)	6-10 3/4
3	Ron Olson (1990)	6-10 1/2
4	Eric Schultz (1978)	6-10
5	Cresap Watson (2006i)	6-9 3/4
6	Dave Hegland (1975)	6-9 1/4
7	Dan Smith (1981)	6-9
8	Cameron Bailey (2007i)	6-8 3/4
9	Scott Frick (1987)	6-8
	Alan Taylor (1980)	6-8
	Mike Boland (1977)	6-8

**Long Jump**

1	Dave Walker (1970)	25-1 3/4
2	Ray Colombo (1971)	24-0
3	Rob Rising (1995)	23-11 1/2
	Marty Rose (1970)	23-11 1/2
5	Dick Knight (1962)	23-7
6	M. Joe Smith (2004)	23-5 1/2
	Mike Behrbaum (1971)	23-5 1/2
8	Tim Guglomo (1972)	23-3 1/2
9	Kurt Weber (2001)	23-3 1/4
10	Jeff Hocker (1977)	23-2

**Triple Jump**

1	Justin Lawrence (2004)	49-11
2	Wayne Sweet (1982)	49-7
3	Darrell Charles (1980)	49-5
4	Brian McElroy (1988)	48-10 3/4
5	Bill Lampe (1976)	48-10 1/4
6	Beau Ross (2001)	48-4 1/2
7	Ron Olson (1990)	48-3 1/4
8	Jeff Fredrick (1978)	48-2
	Dave Walker (1970)	48-2
10	Pierre Crockrell (1984)	47-9 1/2

**Pole Vault**

1	Scott Aleaxander (2001)	15-7
2	John Winters (1978)	15-6
3	Rick Maib (1992)	15-5
4	Mike Alexander (2000)	15-2
5	Scott McCoy (2007)	15-1 3/4
6	Ray Payne (1972)	15-0
7	Dick Clintworth (1967)	14-10 3/4
8	Gene Triplett (1965)	14-8
9	Jack Curtright (1963)	14-7 1/2
10	Eric Fifield (1992)	14-6
	William Mauntel (1989)	14-6
	Tom Dixon (1987)	14-6
	Mike Boland (1977)	14-6
	Ken Jannison (1971)	14-6
	Dave Morris (1971)	14-6
	Les Harmon (1968)	14-6

**Decathlon**

1	Ron Olson (1990)	6636
2	Greg Emry (1971)	6569
3	B.J. Wilson (1995)	6458
4	Gunner Argo (2005)	6430
5	Chris Burch (1985)	6339
6	Mike Morrison (2004)	6342
7	Chris Petersen (2003)	6334
8	Jay Spears (1994)	6327
9	Kirk Palmberg (1996)	6321
10	Russ Capps (1993)	6234

**Shot Put**

1	Cameron Neel (2007i)	58-10 1/4
2	Bill Harsh (1973)	58-2
3	Bob Santo (1968)	55-0
4	Mike Williams (1971)	53-7 1/2
5	Bill Walker (1988)	53-0 1/4
6	Clay Baskett (1965)	52-6 1/2
7	Dick Nunez (1977)	52-6
8	Jacob Galloway (2005)	52-4 3/4
9	John Kinnard (1971)	52-2 1/2
10	Mike Daniels (1976)	52-1 1/2

**Discus**

1	Mitch Ringe (1975)	180-8
2	Bill Harsh (1973)	176-0
3	Cameron Neel (2006)	175-5
4	Mike Daniels (1977)	172-11
5	Jon Torrence (1987)	172-2
6	Tony Hoiby (1999)	171-5
7	Mike Williams (1971)	168-7
8	Dave Phillips (1990)	167-0
9	Jacob Galloway (2005)	166-5
10	Ray Kinnaman (1961)	164-0

**Hammer**

1	Evan Ruud (2007)	191-8
2	Jon Torrence (1987)	187-10
3	Tyler Fischer (2007)	184-10
4	Blake Walker (2005)	178-10
5	Scott Bickar (1989)	176-11
6	Jacob Galloway (2005)	172-7
7	Matt Valdez (2007)	166-4
8	Henry Midles (1978)	166-1
9	Bill Harsh (1973)	163-1
10	Jonathan Hughes (2005)	157-10

**Javelin**

1	Dick Bedlington (1970)	241-11
2	Fred Andrew (1968)	241-5
3	Dave Andrews (1977)	233-10
4	Lars Lahdenpers (1966)	227-0
5	Wayne Worby (1968)	226-9
6	John Karas (1964)	225-4
7	Mike Hamilton (1976)	217-1
8	Gary Correll (1958)	216-11
9	Jim Hunter (1970)	214-10
10	Greg O'Meara (1970)	214-1

(Note: Specifications for javelin, reducing flight distance, were changed in 1986. Michael Ingman (2007) holds school-record of 203-7 with post-1986 javelin.)