



CENTRAL WASHINGTON UNIVERSITY

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For Immediate Release

October 21, 2005

Nelson's Goal Stands Up in 1-0 Central Win

Wildcats Earn Fifth Shutout Win of Year, Defeat Humboldt State

ELLENSBURG, Wash. - Senior **Ashley Nelson** (Snohomish, Wash./Monroe HS) scored her second goal of the season at the 17th minute, and the Wildcat defense made the lead stand as Central Washington defeated visiting Humboldt State, 1-0, in Great Northwest Athletic Conference women's soccer action on Friday.

Nelson scored following a free kick by the Wildcats. Her initial boot into the goal box was stopped, but the rebound was picked up by Nelson and flicked over the Humboldt State defense and into the goal for an early 1-0 lead.

Central Washington (6-9-1, 3-4-1 GNAC) then made that lead stand up. The Wildcat defense held the visiting Lumberjacks to just one shot attempt in the first half – it came in the opening minute – and just three more in the second half. Central divided its 14 shot attempts evenly over the two halves, with seven in the first half and seven more in the second period.

Humboldt State (6-9-0, 2-5-0 GNAC), which had not played in nearly two weeks, was led offensively by Katie Coppoletta with two shots. The Lumberjacks, who played without leading scorer Alissa McChesney, managed just four shots and only two corner kicks. Staci Self made three saves in goal for Humboldt.

Central's **Meghan Michaud** (Renton, Wash./Hazen HS) recorded her fifth shutout victory of the season, making three saves. Nelson sparked the Wildcat offense with six total shots, while junior **Arica Slawson** (Buckley, Wash./White River HS) added three.

Central Washington concludes the home portion of its 2005 schedule on Sunday afternoon against Western Oregon at noon. The Wildcats will see four players – Nelson, **Jamie Bankston** (Bellevue, Wash.), **Chelsea Beck** (Renton, Wash./Liberty HS) and **Ashley Rountree** (Covington, Wash./Kentlake HS) play their final home games.

GREAT NORTHWEST ATHLETIC CONFERENCE WOMEN'S SOCCER

Humboldt State (6-9-0, 2-5-0 GNAC) vs. Central Washington (6-9-1, 3-4-1 GNAC)

Date: Oct 21, 2005 **Attendance:** 156

Weather: 66 degrees, mostly sunny

Goals by period 1 2 Tot

Humboldt State..... 0 0 - 0
Central Washington.. 1 0 - 1

SCORING SUMMARY:

1. 16:18 CWU Nelson,Ashley (2) (unassisted)

Shots: Humboldt State 4, Central Washington 14

Saves: Humboldt State 3 (Self,Staci 3), Central Washington 3 (Michaud,Meghan 3)

-CWU-