



# CENTRAL WASHINGTON WOMEN'S BASKETBALL

## 2009-10 PRESEASON INFORMATION

### QUICK FACTS

School Name	Central Washington University
Location	Ellensburg, WA 98926
Founded	1891
Enrollment	9,610 (FTE for all campuses)
Nickname	Wildcats
Mascot	Wellington the Wildcat
Colors	Crimson (PMS 7427) and Black
Affiliation	NCAA Division II
Conference	Great Northwest Athletic
President	Dr. James L. Gaudino
Alma Mater	Air Force, 1972
Director of Athletics	Jack Bishop
Alma Mater	Southern Utah, 1970
Assistant Athletic Director for Media Relations	Jonathan Gordon
Alma Mater	Western Oregon, 2001
Home Arena	Nicholson Pavilion
Surface/Capacity	Hardwood/2,519

### COACHING STAFF

Head Coach	Jeff Whitney
Alma Mater	Central Washington, 1995
Record at CWU	186-134 (.581)/13th year
Overall Record	186-134 (.581)/13th year
Assistant Coaches	Rachael Ziemann Sarah Keeler

### TEAM INFORMATION

First Year of Women's Basketball	1901-02
All-Time Record*	448-446 (.501)
Postseason Record	10-18 (.357)
Last Postseason Appearance	2003
Result	NCAA Division II Regional 1st Round
2008-09 Overall Record	7-20 (.259)
2008-09 GNAC Record/Finish	4-12 (.250)/Seventh
Starters Returning/Lost	2/3
Letterwinners Returning/Lost	7/5

\* incomplete records prior to 1976-77; all-time record listed is since 1976-77

### 2009-10 SCHEDULE

Day	Date	Opponent	Site	Time	All-Time Series	First/Last Met
Tue	Nov 3	at Eastern Washington (exhibition)	Cheney, WA (Reese Court)	7:05 p.m.		
Fri	Nov 20	vs. Humboldt State	Seattle, WA (Brougham Pavilion)	1 p.m.	CWU leads 14-2	1998-99/2005-06
Sat	Nov 21	vs. Colorado Christian	Seattle, WA (Brougham Pavilion)	1 p.m.	First meeting	
Fri	Nov 27	vs. Colorado Christian	Nampa, ID (Johnson Sports Center)	1 p.m. MST	(see above)	
Sat	Nov 28	vs. Cal State Stanislaus	Nampa, ID (Johnson Sports Center)	1 p.m. MST	CWU leads 2-1	1998-99/2008-09
Thu	Dec 10	MONTANA TECH	Ellensburg, WA (Nicholson Pavilion)	7 p.m.	CWU leads 4-0	1978-79/1988-89
Sat	Dec 12	CAL STATE EAST BAY	Ellensburg, WA (Nicholson Pavilion)	7 p.m.	First meeting	
Wed	Dec 16	vs. Colorado State-Pueblo	Las Vegas, NV (Doolittle Community Center)	11 a.m.	CSUP leads 1-0	2005-06/2005-06
Thu	Dec 17	vs. Washburn	Las Vegas, NV (Doolittle Community Center)	11 a.m.	First meeting	
Sat	Jan 2	DOMINICAN (CA)	Ellensburg, WA (Nicholson Pavilion)	2 p.m.	CWU leads 1-0	2000-01/2000-01
Thu	Jan 7	ALASKA ANCHORAGE*	Ellensburg, WA (Nicholson Pavilion)	5:15 p.m.	CWU leads 14-13	1976-77/2008-09
Sat	Jan 9	ALASKA*	Ellensburg, WA (Nicholson Pavilion)	7 p.m.	CWU leads 27-8	1974-75/2008-09
Thu	Jan 14	at Northwest Nazarene*	Nampa, ID (Johnson Sports Center)	7 p.m. MST	NNU leads 15-10	1978-79/2008-09
Sat	Jan 16	WESTERN OREGON*	Ellensburg, WA (Nicholson Pavilion)	5:15 p.m.	CWU leads 18-9	1975-76/2008-09
Thu	Jan 21	WESTERN WASHINGTON*	Ellensburg, WA (Nicholson Pavilion)	7 p.m.	WWU leads 76-10	1972-73/2008-09
Thu	Jan 28	at Saint Martin's*	Lacey, WA (Marcus Pavilion)	7 p.m.	CWU leads 32-28	1980-81/2008-09
Sat	Jan 30	at Montana State Billings*	Billings, MT (Alterowitz Gymnasium)	5:15 p.m. MST	MSUB leads 13-3	1996-97/2008-09
Thu	Feb 4	SEATTLE PACIFIC*	Ellensburg, WA (Nicholson Pavilion)	5:15 p.m.	SPU leads 35-29	1974-75/2008-09
Sat	Feb 6	at Western Oregon*	Monmouth, OR (P.E. Building)	2 p.m.	(see above)	
Thu	Feb 11	at Alaska*	Fairbanks, AK (Patty Center)	5:15 p.m. AKST	(see above)	
Sat	Feb 13	at Alaska Anchorage*	Anchorage, AK (Wells Fargo Sports Complex)	5:15 p.m. AKST	(see above)	
Thu	Feb 18	NORTHWEST NAZARENE*	Ellensburg, WA (Nicholson Pavilion)	7 p.m.	(see above)	
Thu	Feb 25	at Western Washington*	Bellingham, WA (Carver Gym)	7 p.m.	(see above)	
Sat	Feb 27	at Seattle Pacific*	Seattle, WA (Brougham Pavilion)	7 p.m.	(see above)	
Thu	Mar 4	SAINT MARTIN'S*	Ellensburg, WA (Nicholson Pavilion)	5:15 p.m.	(see above)	
Sat	Mar 6	MONTANA STATE BILLINGS*	Ellensburg, WA (Nicholson Pavilion)	5:15 p.m.	(see above)	

### STARTERS RETURNING (2)

Pos.	No.	Name	Ht.	Yr.	'08-09/Career
C	25	Shaina Afoa	6-1	Sr.	27/53
G/F	32	Nikki Jordan	6-0	Sr.	20/20

### 2009-10 PRESEASON ROSTER (as of September 25, 2009)

No.	Name	Pos.	Ht.	Yr.	Hometown (High School/Prev. Coll.)
25	Shaina Afoa***	C	6-1	Sr.	Anchorage, AK (A.J. Dimond)
	Stacy Albrecht	F/C	6-2	Fr.	Federal Way, WA (Thomas Jefferson)
	Kayla Bennett	F	5-10	Jr.	Bremerton, WA (Bremerton/North Seattle CC)
34	Sara Bergner*	G	5-10	Sr.	Bellingham, WA (Bellingham/Whatcom CC)
	Alychia Colón	G	5-9	So.	Spanaway, WA (Bethel/Pierce College)
	Colleen Betteridge	G	5-9	Jr.	Seattle, WA (Chief Sealth/Washington State)
	Donisha Calhoun	PG	5-5	So.	Puyallup, WA (Emerald Ridge)
	Brittany Duerr	G	5-9	Jr.	Bellevue, WA (Newport/Centralia College)
24	Brooke Fernandez*	PG	5-7	Sr.	Castle Rock, WA (Castle Rock/Portland)
22	Jenn Jacobs**	G	5-9	Jr.	Bremerton, WA (Bremerton)
	Kelsi Jacobson	G	5-10	Fr.	Spokane, WA (University)
32	Nikki Jordan*	G/F	6-0	Sr.	Seattle, WA (Marysville-Pilchuck/Hawaii Pacific)
	Amanda Juarez	PG	5-6	So.	Kirkland, WA (Lake Washington/Linfield)
14	Amanda Murdoch*	G	5-8	Sr.	Bozeman, MT (Bozeman/Tacoma CC)
	Sara Paponjak	F/C	6-2	Fr.	South Seattle, WA (Foster)
	Deanna Riffe	F	5-10	Jr.	Glenoma, WA (White Pass/Centralia College)
30	Sophie Russell*	G/F	5-10	So.	Olympia, WA (River Ridge)
40	C'Era WalkingChild*	F/C	5-11	So.	Seattle, WA (John F. Kennedy)

### 2008-09 INDIVIDUAL STATISTICS (2009-10 returnees in bold)

##	Player	GP-GS	Min	Avg	TOTAL			3-PTS			REBOUNDS			PF	FO	A	TO	Blk	Stl	Pts	Avg				
					FG	FGA	Pct	3FG	FGA	Pct	FT	FTA	Pct									Off	Def	Tot	Avg
22	Jenn Jacobs (So.)	12-7	304	25.3	45	109	.413	15	35	.429	18	22	.818	6	23	29	2.4	15	0	21	31	3	7	123	10.3
54	Hilary Tanneberg (Sr.)	24-21	687	28.6	89	221	.403	16	63	.254	28	35	.800	27	160	187	7.8	56	2	20	67	17	16	222	9.3
24	Stephanie Wenke (Sr.)	26-23	798	30.7	77	209	.368	18	56	.321	48	66	.727	15	52	67	2.6	48	1	93	101	6	28	220	8.5
25	Shaina Afoa (Jr.)	27-27	693	25.7	82	179	.458	2	8	.250	46	72	.639	55	116	171	6.3	75	3	32	70	33	23	212	7.9
14	Amanda Murdoch (Jr.)	18-6	337	18.7	52	134	.388	21	67	.313	9	14	.643	7	31	38	2.1	52	1	25	51	3	22	134	7.4
20	Tanna Radtke (Sr.)	22-19	560	25.5	49	147	.333	5	34	.147	22	33	.667	19	33	52	2.4	45	2	44	55	2	21	125	5.7
34	Sara Bergner (Jr.)	16-2	326	20.4	34	91	.374	5	24	.208	15	21	.714	16	43	59	3.7	19	0	17	32	0	6	88	5.5
30	Sophie Russell (Fr.)	26-4	591	22.7	46	123	.374	20	54	.370	22	29	.759	21	46	67	2.6	54	0	30	39	6	20	134	5.2
32	Nikki Jordan (Jr.)	27-20	583	21.6	46	147	.313	13	44	.295	28	37	.757	35	80	115	4.3	63	1	32	74	15	5	133	4.9
42	LeeAna Busch (Sr.)	22-6	360	16.4	29	77	.377	0	0	.000	28	34	.824	14	27	41	1.9	36	0	16	36	5	4	86	3.9
40	C'Era WalkingChild (Fr.)	13-0	113	8.7	10	30	.333	1	7	.143	7	7	1.000	8	20	28	2.2	18	0	5	12	0	3	28	2.2
12	Stayza Albrecht (Jr.)	10-0	72	7.2	5	16	.313	4	12	.333	2	5	.400	2	3	5	0.5	9	0	1	25	0	5	16	1.6
12	Donisha Calhoun (Fr.)	1-0	1	1.0	0	0	.000	0	0	.000	0	0	.000	0	0	0	0.0	0	0	0	1	0	0	0	0.0
TEAM														35	72	107	4.0	0			5				0
CENTRAL WASHINGTON		27			564	1,483	.380	120	404	.297	273	375	.728	260	706	966	35.8	490	10	336	599	90	160	1,521	56.3
OPPONENTS		27			630	1,623	.388	154	461	.334	407	577	.705	361	694	1,055	39.1	405	5	349	461	55	272	1,821	67.4

### 2008-09 GAME SUPERLATIVES

CATEGORY	INDIVIDUAL	TEAM	OPPONENT
Points	29, Wenke, at UAF (Feb 12) 29, Wenke, vs WWU (Jan 29)	89, at UAF (Feb 12)	85, at UAF (Feb 12)
FG Made	10, Wenke, vs WWU (Jan 29)	33, at UAF (Feb 12)	30, at UAF (Feb 12)
FG Attempts	18, Tanneberg, vs WOU (Mar 7) 18, Wenke, at MSUB (Feb 21)	72, at UAF (Feb 12)	74, vs. NNU (Jan 10)
FG Percentage	.833 (5-6), Russell, vs WOU (Mar 7)	.585 (31-53), at WOU (Feb 7)	.571 (28-49), vs. WWU (Jan 31)
3FG Made	6, Wenke, at UAF (Feb 12) 6, Murdoch, at WOU (Feb 7)	13, at UAF (Feb 12)	11, vs. SMU (Feb 18)
3FG Attempts	9, Tanneberg, vs. UAA (Feb 26)	25, at UAF (Feb 12)	31, vs. UAF (Feb 28)
3FG Percentage	1.000 (6-6), Murdoch at WOU (Feb 7)	.615 (8-13), at WOU (Feb 7)	.579 (11-19), vs. SMU (Feb 18)
FT Made	12, Busch vs CSUDH (Nov 16) 12, Afoa at CSUS (Nov 15)	27, at CSUS (Nov 15)	30, vs. CSUDH (Nov 16)
FT Attempts	14, Busch vs CSUDH (Nov 16) 14, Afoa at CSUS (Nov 16)	33, at CSUS (Nov 15)	43, vs. CSUDH (Nov 16)
FT Percentage	1.000 (6-6), three times	1.000 (12-12), at WWU (Jan 15)	.889 (8-9), at WOU (Feb 7)
Rebounds	16, Tanneberg vs UAF (Feb 28) 16, Afoa vs DSC (Dec 18)	54, vs. DSC (Dec 18)	54, at UAA (Feb 14)
Assists	8, three times	22, at UAF (Feb 12) 22, vs. AAU (Dec 13)	21, at MSUB (Feb 21) 21, at UAA (Feb 14)
Steals	4, four times	10, three times	18, vs. AAU (Dec 13)
Blocked Shots	4, Afoa at MSUB (Feb 21)	8, vs. NNU (Jan 10) 8, vs. QU (Dec 19)	5, at UAA (Feb 14) 5, vs. CPP (Nov 9)
Turnovers	9, Wenke at WOU (Feb 7)	32, at SFSU (Dec 12)	28, vs. CSP (Nov 7)
Fouls	5, 10 times	31, vs. CSUDH (Nov 16)	25, vs. CSUDH (Nov 16) 25, at CSUS (Nov 15)

### 2008-09 TEAM STATISTICS

	CWU	OPP
<b>Scoring</b>		
Total Points	1,521	1,821
Points Per Game	56.3	67.4
Scoring Margin	-11.1	
<b>Field Goals</b>		
Field Goals-Attempts	564-1,483	630-1,623
Field Goal Percentage	.380	.388
<b>3-Point Field Goals</b>		
3 Point FG-Attempts	120-404	154-461
3 Point Percentage	.297	.334
3 Pointers Per Game	4.4	5.7
<b>Free Throws</b>		
Free Throws-Attempts	273-375	407-577
Free Throw Percentage	.728	.705
<b>Rebounds</b>		
Total Rebounds	966	1,055
Rebounds Per Game	35.8	39.1
Rebounding Margin	-3.3	
<b>Assists</b>		
Total Assists	336	349
Assists Per Game	12.4	12.9
<b>Turnovers</b>		
Total Turnovers	599	461
Turnover Margin	22.2	17.1
Assist-to-Turnover Ratio	-5.1	
<b>Steals</b>		
Total Steals	160	272
Steals Per Game	5.9	10.1
<b>Blocked Shots</b>		
Total Blocked Shots	90	55
Blocked Shots Per Game	3.3	2.0
<b>Win Streak</b>		
Current win streak	1	
Home win streak	2	
<b>Attendance</b>		
Total	2,387	5,143
Dates/Avg Per Date	10/239	10/435
Neutral Site #/Avg		7/114

### 2008-09 GAME RESULTS

Date	Rank#	Opponent	W/L	Score	Att	High Points	High Rebounds
Nov 7	—/—	vs. Concordia St. Paul	L	47-67	66	Jordan 10	Afoa 13
Nov 8	—/—	vs. Indianapolis	L	44-84	120	Afoa 13	Afoa/Bergner 5
Nov 9	—/—	vs. Cal Poly Pomona	L	42-53	224	Busch 9	Afoa 7
Nov 15	—/—	at Cal State Stanislaus	L	75-76	230	Afoa/Wenke 16	Afoa 8
Nov 16	—/—	vs. Cal State Dominguez Hills	L	69-73	31	Busch 22	Tanneberg 6
Nov 21	—/—	<b>SAN FRANCISCO STATE</b>	L	<b>36-51</b>	<b>229</b>	<b>Afoa 8</b>	<b>Tanneberg/Wenke 6</b>
Nov 23	—/—	<b>WESTERN STATE</b>	W	<b>66-62</b>	<b>81</b>	<b>Murdoch 18</b>	<b>Tanneberg 6</b>
Dec 12	—/—	at San Francisco State	L	36-52	157	Tanneberg 8	Afoa 8
Dec 13	—/—	vs. Academy of Art	W	66-59	151	Jacobs 18	Tanneberg 13
Dec 18	—/—	vs. Dixie State	W	58-48	74	Jacobs 14	Afoa 16
Dec 19	—/—	vs. Quincy	L	56-57	130	Afoa 9	Afoa/Jordan 8
Jan 10	—/—	<b>NORTHWEST NAZARENE*</b>	L	<b>63-77</b>	<b>316</b>	<b>Afoa 13</b>	<b>Tanneberg 10</b>
Jan 15	—/—	at Western Washington*	L	60-72	850	Jacobs 21	Tanneberg 6
Jan 17	—/16	at Seattle Pacific*	L	34-57	450	Russell 10	Bergner 7
Jan 22	—/—	<b>MONTANA STATE BILLINGS*</b>	L	<b>60-71</b>	<b>208</b>	<b>Jacobs 17</b>	<b>Tanneberg 9</b>
Jan 24	—/—	at Saint Martin's*	L	58-72	397	Tanneberg 13	Russell/Tanneberg 5
Jan 31	—/—	<b>WESTERN WASHINGTON*</b>	L	<b>72-82</b>	<b>324</b>	<b>Wenke 29</b>	<b>Tanneberg 9</b>
Feb 5	—/19	<b>SEATTLE PACIFIC*</b>	L	<b>58-73</b>	<b>214</b>	<b>Murdoch 17</b>	<b>Tanneberg 7</b>
Feb 7	—/—	at Western Oregon*	W	76-68	124	Murdoch 24	Tanneberg 6
Feb 12	—/—	at Alaska*	W OT	89-85	193	Wenke 29	Tanneberg 14
Feb 14	—/1	at Alaska Anchorage*	L	48-76	848	Radtke 15	Tanneberg 9
Feb 18	—/—	<b>SAINT MARTIN'S*</b>	L	<b>55-74</b>	<b>355</b>	<b>Tanneberg 18</b>	<b>Tanneberg 9</b>
Feb 21	—/—	at Montana State Billings*	L	48-77	786	Wenke 14	Jordan 15
Feb 26	—/6	<b>ALASKA ANCHORAGE*</b>	L	<b>35-70</b>	<b>159</b>	<b>Jordan 13</b>	<b>Afoa 7</b>
Feb 28	—/—	<b>ALASKA*</b>	W	<b>63-58</b>	<b>373</b>	<b>Tanneberg 14</b>	<b>Tanneberg 16</b>
Mar 5	—/—	at Northwest Nazarene*	L	38-71	312	Wenke 10	WalkingChild 9
Mar 7	—/—	<b>WESTERN OREGON*</b>	W	<b>69-56</b>	<b>128</b>	<b>Tanneberg 16</b>	<b>Tanneberg 12</b>

# USA Today/ESPN Division II Ranking (CWU/OPP) ... \* Great Northwest Athletic Conference game ... Home games in BOLD CAPS

Score by Periods	1	2	OT1	OT2	Total
Central Washington	688	820	13		1,521
Opponents	872	940	9		1,821