



CENTRAL WASHINGTON MEN'S BASKETBALL

2009-10 PRESEASON INFORMATION

QUICK FACTS

School Name	Central Washington University
Location	Ellensburg, WA 98926
Founded	1891
Enrollment	9,610 (FTE for all campuses)
Nickname	Wildcats
Mascot	Wellington the Wildcat
Colors	Crimson (PMS 7427) and Black
Affiliation	NCAA Division II
Conference	Great Northwest Athletic
President	Dr. James L. Gaudino
Alma Mater	Air Force, 1972
Director of Athletics	Jack Bishop
Alma Mater	Southern Utah, 1970
Assistant Athletic Director for Media Relations	Jonathan Gordon
Alma Mater	Western Oregon, 2001
Home Arena	Nicholson Pavilion
Surface/Capacity	Hardwood/2,519

COACHING STAFF

Head Coach	Greg Sparling
Alma Mater	Central Washington, 1993
Record at CWU	238-156 (.604)/15th year
Overall Record	238-156 (.604)/15th year
Assistant Coaches	GE Coleman Karl Albrecht Chris Bannish Jason Buffum

TEAM INFORMATION

First Year of Men's Basketball	1901-02
All-Time Record	1,573-859 (.647)
Postseason Record	127-62 (.672)
Last Postseason Appearance	2009
Result	NCAA Division II Regional 1st Round
2008-09 Overall Record	18-7 (.720)
2008-09 GNAC Record/Finish	12-4 (.750)/Second
Starters Returning/Lost	1/4
Letterwinners Returning/Lost	5/6

2009-10 SCHEDULE

Day	Date	Opponent	Site	Time	All-Time Series	First/Last Met
Wed	Nov 4	at Washington (exhibition)	Seattle, WA (Bank of America Arena)	7 p.m.		
Tue	Nov 10	at Brigham Young (exhibition)	Provo, UT (Marriott Center)	7:30 p.m. MST		
Thu	Nov 19	PORTLAND BIBLE	Ellensburg, WA (Nicholson Pavilion)	7 p.m.	First meeting	
Fri	Nov 27	vs. Dixie State	Nampa, ID (Johnson Sports Center)	3 p.m. MST	DSC leads 1-0	2008-09/2008-09
Sat	Nov 28	vs. Colorado-Colorado Springs	Nampa, ID (Johnson Sports Center)	3 p.m. MST	CWU leads 1-0	2008-09/2008-09
Fri	Dec 4	vs. Brigham Young-Hawaii	Seattle, WA (Brougham Pavilion)	5 p.m.	BYUH leads 8-4	1988-89/2007-08
Sat	Dec 5	vs. Carroll (MT)	Seattle, WA (Brougham Pavilion)	5 p.m.	CC leads 3-2	1971-72/1993-94
Wed	Dec 9	WALLA WALLA	Ellensburg, WA (Nicholson Pavilion)	7 p.m.	First meeting	
Thu	Dec 17	vs. Fort Lewis	Las Vegas, NV (Doolittle Community Center)	5 p.m.	Series tied 1-1	1999-2000/2002-03
Fri	Dec 18	vs. Washburn	Las Vegas, NV (Doolittle Community Center)	3 p.m.	WU leads 1-0	1986-87/1986-87
Tue	Dec 29	vs. Colorado Christian	Seattle, WA (Brougham Pavilion)	5 p.m.	First meeting	
Wed	Dec 30	vs. Academy of Art	Seattle, WA (Brougham Pavilion)	5 p.m.	First meeting	
Thu	Jan 7	WESTERN OREGON*	Ellensburg, WA (Nicholson Pavilion)	7:30 p.m.	CWU leads 39-7	1931-32/2008-09
Sat	Jan 9	at Northwest Nazarene*	Nampa, ID (Johnson Sports Center)	2 p.m. MST	CWU leads 22-8	1938-39/2008-09
Thu	Jan 14	ALASKA*	Ellensburg, WA (Nicholson Pavilion)	7 p.m.	CWU leads 31-12	1955-56/2008-09
Sat	Jan 16	ALASKA ANCHORAGE*	Ellensburg, WA (Nicholson Pavilion)	7:30 p.m.	UAA leads 10-9	1999-2000/2008-09
Sat	Jan 23	WESTERN WASHINGTON*	Ellensburg, WA (Nicholson Pavilion)	7 p.m.	CWU leads 151-87	1907-08/2008-09
Thu	Jan 28	at Montana State Billings*	Billings, MT (Alterowitz Gymnasium)	7:30 p.m. MST	CWU leads 6-2	1999-2000/2008-09
Sat	Jan 30	at Saint Martin's*	Lacey, WA (Marcus Pavilion)	7 p.m.	CWU leads 143-29	1931-32/2008-09
Thu	Feb 4	SEATTLE PACIFIC*	Ellensburg, WA (Nicholson Pavilion)	7:30 p.m.	CWU leads 66-45	1951-52/2008-09
Sat	Feb 6	at Western Oregon*	Monmouth, OR (P.E. Building)	4:30 p.m.	(see above)	
Thu	Feb 11	at Alaska*	Fairbanks, AK (Patty Center)	7:30 p.m. AKST	(see above)	
Sat	Feb 13	at Alaska Anchorage*	Anchorage, AK (Wells Fargo Sports Complex)	7:30 p.m. AKST	(see above)	
Sat	Feb 20	NORTHWEST NAZARENE*	Ellensburg, WA (Nicholson Pavilion)	7 p.m.	(see above)	
Thu	Feb 25	at Seattle Pacific*	Seattle, WA (Brougham Pavilion)	7 p.m.	(see above)	
Sat	Feb 27	at Western Washington*	Bellingham, WA (Carver Gym)	7 p.m.	(see above)	
Thu	Mar 4	MONTANA STATE BILLINGS*	Ellensburg, WA (Nicholson Pavilion)	7:30 p.m.	(see above)	
Sat	Mar 6	SAINT MARTIN'S*	Ellensburg, WA (Nicholson Pavilion)	7:30 p.m.	(see above)	

STARTERS RETURNING (1)

Pos.	No.	Name	Ht.	Yr.	Starts '08-09/Career
PG	1	Jon Clift	5-10	Sr.	23/23

2009-10 PRESEASON ROSTER (as of October 1, 2009)

No.	Name	Pos.	Ht.	Yr.	Hometown (High School/Prev. Coll.)
	Najee Ali	G	6-3	Fr.	Seattle, WA (Rainier Beach)
	Jon Clift*	G	5-10	Sr.	Spokane, WA (Ferris/CC of Spokane)
	Roby Clyde	F/C	6-5	So.	Connell, WA (Pasco/Snow College)
	JC Cook	G	6-1	Jr.	Canby, OR (Canby/Clackamas CC)
	Austin Dunn	G	6-2	Jr.	Vancouver, WA (Mountain View/Clackamas CC)
	Taylor Dunn	G	6-4	Fr.	Vancouver, WA (Mountain View)
	Coby Gibler	C	6-9	Jr.	Bainbridge Island, WA (Bainbridge/Highline CC)
	Jody Johnson	F	6-4	Jr.	Seattle, WA (Franklin/Yakima Valley CC)
	Shane Miller	G	6-4	So.	Moscow, ID (Moscow/Treasure Valley CC)
	Ted Nelson*	C	7-0	So.	Hoquiam, WA (Hoquiam)
	Humberto Perez	G	6-2	Jr.	Yakima, WA (Davis/North Idaho College)
	Chris Scott*	G	5-7	Sr.	Las Vegas, NV (Bonanza/South Puget Sound CC)
	Noble'D Shelton	G	5-10	Sr.	Auburn, WA (Auburn/Point Loma Nazarene)
	Riley Sivak*	F	6-5	Sr.	Ellensburg, WA (Ellensburg/Columbia Basin College)
	Ryan Snowden	G	6-4	Fr.	Auburn, WA (Auburn)
	Chris Sprinker*	F/C	6-9	Jr.	Tacoma, WA (Curtis/Tacoma CC)
	Toussaint Tyler	G	6-1	Jr.	Kent, WA (Kentwood/Tacoma CC)

2008-09 INDIVIDUAL STATISTICS (2009-10 returnees in bold)

##	Player	GP-GS	Min	Avg	TOTAL			3-PTS			REBOUNDS			PF	FO	A	TO	Blk	Stl	Pts	Avg				
					FG	FGA	Pct	3FG	FGA	Pct	FT	FTA	Pct									Off	Def	Tot	Avg
20	Matt Penoncello (Sr.)	25-25	664	26.6	127	289	.439	37	125	.296	74	92	.804	39	105	144	5.8	47	2	58	60	8	18	365	14.6
25	Jake Beitinger (Sr.)	22-20	532	24.2	111	225	.493	17	50	.340	52	79	.658	32	95	127	5.8	50	1	35	34	29	18	291	13.2
24	Brandon Foote (Sr.)	25-10	547	21.9	113	234	.483	16	51	.314	81	97	.835	32	57	89	3.6	79	6	44	42	2	16	323	12.9
3	Giovonne Woods (Sr.)	24- 5	509	21.2	97	189	.513	19	45	.422	24	56	.429	34	67	101	4.2	57	1	40	44	7	9	237	9.9
5	Colton Monti (Sr.)	24- 6	457	19.0	68	165	.412	51	126	.405	42	54	.778	30	29	59	2.5	50	2	47	24	2	16	229	9.5
42	Chris Sprinker (So.)	25- 9	444	17.8	78	143	.545	4	18	.222	30	35	.857	28	61	89	3.6	59	1	9	28	23	11	190	7.6
22	Johnny Spevak (Sr.)	25-23	640	25.6	55	116	.474	21	53	.396	33	41	.805	45	61	106	4.2	45	1	79	36	9	28	164	6.6
1	Jon Clift (Jr.)	25-23	520	20.8	41	86	.477	19	42	.452	31	38	.816	9	24	33	1.3	42	0	38	29	0	22	132	5.3
40	Riley Sivak (Jr.)	21- 2	219	10.4	28	56	.500	1	5	.200	16	19	.842	25	24	49	2.3	25	0	16	9	6	6	73	3.5
10	Chris Scott (Jr.)	25- 2	373	14.9	26	65	.400	12	29	.414	19	26	.731	7	26	33	1.3	42	0	63	27	0	30	83	3.3
32	Ted Nelson (Fr.)	18- 0	95	5.3	6	21	.286	0	0	.000	11	17	.647	8	8	16	0.9	14	0	6	7	6	2	23	1.3
TEAM																32	44	76					1		
CENTRAL WASHINGTON		25			750	1,589	.472	197	544	.362	413	554	.745	321	601	922	36.9	510	14	435	341	92	176	2,110	84.4
OPPONENTS		25			637	1,377	.463	137	393	.349	411	551	.746	213	556	779	31.2	487	14	357	435	49	149	1,822	72.9

2008-09 GAME SUPERLATIVES

CATEGORY	INDIVIDUAL	TEAM	OPPONENT
Points	36, Penoncello vs SMU (Jan 17)	135 vs MU (Nov 22)	95 vs WWU (Jan 24)
FG Made	13, Penoncello vs SMU (Jan 17)	56 vs MU (Nov 22)	37 vs WWU (Jan 24)
FG Attempts	24, Penoncello at UAF (Jan 8)	95 vs MU (Nov 22)	70 at UAF (Jan 8)
FG Percentage	1.000 (9-9), Sprinker vs MU (Nov 22)	.600 (36-60) vs CC (Dec 29)	.633 (31-49) at UAA (Jan 10)
3FG Made	8, Monti vs UAA (Feb 26)	14 vs SMU (Jan 17)	13 at UAA (Jan 10)
3FG Attempts	12, Monti vs UAA (Feb 26)	34 vs UAA (Feb 26)	46 vs MU (Nov 22)
3FG Percentage	1.000 (3-3), Woods vs MU (Nov 22)	.556 (10-18) vs CC (Dec 29)	.765 (13-17) at UAA (Jan 10)
FT Made	10, Monti at SMU (Feb 14)	27 vs CSUDH (Mar 13)	36 at SMU (Feb 14)
	10, Beitinger vs SSU (Nov 28)		
FT Attempts	11, Beitinger vs SSU (Nov 28)	37 vs CSUDH (Mar 13)	50 vs CSUDH (Mar 13)
FT Percentage	1.000 (10-10), Monti at SMU (Feb 14)	.895 (17-19) vs UAA (Feb 26)	.938 (15-16) at WOU (Feb 19)
Rebounds	16, Penoncello at UAF (Jan 8)	70 vs MU (Nov 22)	43 vs CSUDH (Mar 13)
			43 at WWU (Mar 7)
Assists	10, Scott vs MU (Nov 22)	34 vs MU (Nov 22)	23 at UAA (Jan 10)
Steals	4, four times	14 vs NNU (Jan 29)	12 at SMU (Feb 14)
Blocked Shots	3, four times	7 at WOU (Feb 19)	4, five times
		7 vs UCCS (Dec 5)	
Turnovers	7, Penoncello at DSC (Dec 16)	24 at UAF (Jan 8)	25 vs CC (Dec 29)
Fouls	5, 14 times	36 vs CSUDH (Mar 13)	27 vs CSUDH (Mar 13)

2008-09 GAME RESULTS

Date	Rank#	Opponent	W/L	Score	Att	High Points	High Rebounds
Nov 22	13/-	MULTNOMAH	W	135-50	1,297	Sprinker 22	Woods 12
Nov 28	11/-	vs. Sonoma State	L	74-81	105	Beitinger 30	Beitinger 10
Nov 29	11/-	vs. UC San Diego	W	78-70	95	Beitinger 21	Spevak/Woods 7
Dec 5	19/-	vs. UC-Colorado Springs	W	93-74	213	Beitinger/Penoncello 16	Penoncello 7
Dec 6	19/-	vs. Colorado Mines	W	85-58	267	Beitinger 21	Beitinger/Spevak 7
Dec 13	12/-	SHAW	W	83-55	499	Penoncello 18	Beitinger 7
Dec 16	12/-	at Dixie State	L	64-74	1,237	Beitinger/Spevak 15	Beitinger/Sprinker 7
Dec 29	-/-	CASCADE	W	100-58	443	Penoncello 29	Penoncello 7
Jan 8	-/-	at Alaska*	W	92-80	170	Penoncello 33	Penoncello 16
Jan 10	-/-	at Alaska Anchorage*	L	79-90	844	Foote 26	Spevak 5
Jan 15	-/-	SEATTLE PACIFIC*	W	77-62	1,620	Penoncello 24	Penoncello 13
Jan 17	-/-	SAINT MARTIN'S*	W	100-89	1,567	Penoncello 36	Beitinger/Sprinker 7
Jan 21	-/-	at Montana State Billings*	W	70-65	1,071	Monti 15	Beitinger 8
Jan 24	-/-	WESTERN WASHINGTON*	L	75-95	2,310	Beitinger 16	Penoncello 9
Jan 29	-/-	NORTHWEST NAZARENE*	W	72-69	986	Spevak 15	Sprinker 6
Jan 31	-/-	at Seattle Pacific*	W	91-83	1,957	Foote 27	Foote 12
Feb 7	-/-	WESTERN OREGON*	W	90-66	1,624	Foote 21	Beitinger 9
Feb 12	-/-	at Northwest Nazarene*	W	86-66	530	Foote 15	Woods 7
Feb 14	-/-	at Saint Martin's*	L	80-89	1,120	Monti 24	Penoncello 7
Feb 19	-/-	at Western Oregon*	W	87-69	386	Foote 21	Woods 15
Feb 26	-/-	ALASKA ANCHORAGE*	W	76-65	1,146	Monti 27	Spevak 7
Feb 28	-/-	ALASKA*	W	85-71	1,415	Foote 22	Beitinger 11
Mar 5	-/-	MONTANA STATE BILLINGS*	W	87-71	1,235	Penoncello 19	Beitinger 7
Mar 7	-/-	at Western Washington*	L	68-85	2,534	Penoncello 20	Penoncello 6
Mar 13	-/-	vs. Cal State Dominguez Hills	L	83-87	452	Woods 24	Sprinker 10

NABC/Division II Ranking (CWU/OPP) ... * Great Northwest Athletic Conference game ... Home games in BOLD CAPS

2008-09 TEAM STATISTICS

	CWU	OPP		
Scoring				
Total Points	2,110	1,822		
Points Per Game	84.4	72.9		
Scoring Margin	+11.5			
Field Goals				
Field Goals-Attempts	750-1,589	637-1,377		
Field Goal Percentage	.472	.463		
3-Point Field Goals				
3 Point FG-Attempts	197-544	137-393		
3 Point Percentage	.362	.349		
3 Pointers Per Game	7.9	5.5		
Free Throws				
Free Throws-Attempts	413-554	411-551		
Free Throw Percentage	.745	.746		
Rebounds				
Total Rebounds	922	779		
Rebounds Per Game	36.9	31.2		
Rebounding Margin	+5.7			
Assists				
Total Assists	435	357		
Assists Per Game	17.4	14.3		
Turnovers				
Total Turnovers	341	435		
Turnover Margin	13.6	17.4		
Assist-to-Turnover Ratio	+3.8			
Steals				
Total Steals	176	149		
Steals Per Game	7.0	6.0		
Blocked Shots				
Total Blocked Shots	92	49		
Blocked Shots Per Game	3.7	2.0		
Win Streak				
Current win streak	0			
Home win streak	5			
Attendance				
Total	14,142	10,981		
Dates/Avg Per Date	11/1,286	9/1,094		
Neutral Site #/Avg		5/226		
Score by Periods				
	1	2	OT1	Total
Central Washington	1,016	1,094		2,110
Opponents	820	1,002		1,822